

UW Medicine

UW SCHOOL
OF MEDICINE

20th Annual

REPRODUCTIVE & GYNECOLOGY HEALTH UPDATES

(Formerly know as Women's Healthcare Updates)



Thursday - Friday
March 21 - 22, 2024

Live Webinar

Sponsored by:
UW School of Medicine
Department of Obstetrics & Gynecology
Continuing Medical Education

TARGET AUDIENCE

This conference is an annual update for health care providers who provide care to women+ on relevant topics. The topics are selected from suggestions from previous course attendees, areas with substantial change, and controversial subjects where medical opinions may differ. The purpose is to provide a clinical update for providers who care for these patients in an outpatient setting.

COURSE DESCRIPTION

This conference is the 20th annual update for health care providers who provide care to women+ on relevant topics. The topics are selected by suggestions from previous course attendees, areas with substantial change, and controversial subjects where medical opinions may differ. The purpose is to provide a clinical update for providers who care for these patients in an outpatient setting. The format is a series of short lectures followed by question-and-answer sessions.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Evaluate gynecologic issues in special populations including native people and veterans
- Assess treatment for peri-partum mood disorders
- Evaluate integrative health options for gynecologic conditions
- Evaluate medication updates for endometriosis and pregnancy management
- Evaluate pelvic organ prolapse

ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of *16 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP (For Live program - In-person or Webinar)

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

FEES AND REGISTRATION

To enroll, please register online at uwcme.org.

Continuing Medical Education at the University of Washington is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. The course fees are estimated to cover transcripts of *AMA PRA 1 Credits™*, access to online instruction materials, course logistics, faculty planning, and staff salaries.

If you have not received confirmation prior to the course start, please contact the CME office at cme@uw.edu. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed.

Registration	Fee
All Learners	\$350
Resident/Fellow/Student*	\$100

**Resident/Fellow/Student rates require written confirmation of current status. Failure to provide required documentation may result in an additional balance owed.*



CANCELLATION POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by **March 6, 2024**. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued after March 6, 2024. The Office of Continuing Medical Education reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified through email and receive a full refund. The University of Washington is not responsible for any other costs incurred such as non-refundable airline tickets or hotel penalties. Contact the CME Office with questions call 206.543.1050, fax 206.221.4525 or email cme@uw.edu.

ONLINE MATERIALS

Instruction materials will be available online at uwcme.org (for conference registrants only). Materials will be available starting on March 13, 2024, for registrants to print and/or download.

SPECIAL SERVICES

The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, gender identity, sexual orientation, age, marital status, disability, or status as a protected veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education, and employment for individuals with disabilities. To request disability accommodation in the application process, contact the department at 206.543.1050 or the Disability Services Office at least ten days in advance.

Disability Services Office
206.543.6450/Voice • 206.543.6452/TTY 206.685.7264/Fax • e-mail: dso@uw.edu



Course Co-Chairs

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Linda Mihalov, MD, FACOG

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Guest Faculty

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Anne Kennard, DO

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Nikki Zarling, MD

Acting Instructor
Provisional Chief of Medicine
UW Medical Center | Roosevelt

Thursday, March 21, 2024

- 7:50** Welcome & Introduction | *Alson Burke, MD & Linda Mihalov, MD, FACOG*
- 8:00** Separating Woo and Women's Health: Integrative GYN Updates | *Anne Kennard, DO*
- 8:40** Taking a Sexual History | *Abby Hussein, MD, MPH*
- 9:20** Interpreting Sex-Specific Laboratory Results Across the Gender Spectrum | *Dina Greene, PhD*
- 10:00** **BREAK**
- 10:15** Fibroids | *Porshia Underwood, MD*
- 10:55** Primary Care Perspectives on Native People | *Jessica Buck DiSilvestro, MD*
- 11:35** PCOS: Management of Co-Morbidities | *Nikki Zarling, MD*
- 12:15** **LUNCH**
- 1:00** Prevention of Cervical Cancer | *Linda Eckert, MD*
- 1:40** Management of Asthma and Asthma in Pregnancy | *Garbo Mak, MD*
- 2:20** Urogyn: Management of Pelvic Organ Prolapse: The New Options | *Rebecca Shaffer, MD*
- 3:00** **BREAK**
- 3:15** Urogyn: Genitourinary Syndrome of Menopause: The New Guidelines | *Rebecca Shaffer, MD*
- 3:55** Menopause in High Risk Patients | *Barbara Norquist, MD*
- 4:35** Trauma Informed Care | *TBD*
- 5:15** **Adjourn**

Friday, March 22, 2024

- 7:50** Welcome Back & Introduction | *Alson Burke, MD & Linda Mihalov, MD, FACOG*
- 8:00** Non-Hormonal Management of Menopausal Symptoms | *Susan Reed, MD, MPH, MS*
- 8:40** Sexual Health After Cancer | *Kristin Rojas, MD, FACS, FSSO*
- 9:20** Mifepristone Rules! And Rules Around Mifepristone Use | *Alexandria Wells, MD, MBs*
- 10:00** **BREAK**
- 10:15** Care of Women Veterans | *Joelle Lucas, MD*
- 10:55** Endometriosis Update | *Alicia Scribner, MD, MPH, FACOG*
- 11:35** Eating Disorders | *Elizabeth Hutchinson, MD*
- 12:15** **LUNCH**
- 1:00** The Expansive World of Genetic Carrier Screening | *Teodora Kolarova, MD*
- 1:40** MFM - TBD | *Michael Richley, MD*
- 2:20** Advances in Preeclampsia Prevention | *Anjali Mitra, MD*
- 3:00** **BREAK**
- 3:15** Discussing Cannabis Use with Patients and Clients | *Jason Kilmer, PhD*
- 3:55** Choosing the Perfect Birth Control Pill | *Alicia Scribner, MD, MPH, FACOG*
- 4:35** TBD | *TBD*
- 5:15** **Adjourn**